



# EARNING CE CREDIT

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## COURSE TITLE

CAMP Respiratory Muscle Training

## COURSE DESCRIPTION

This **C**linical **A**pplications **M**entoring **P**rogram provides in-depth training in Respiratory Muscle Training (RMT) through a blended model of on-demand learning and group mentoring calls. Participants will learn about evidence for RMT, applications of RMT across various diagnoses and settings, troubleshooting, and how to develop an RMT program.

## LEARNER OUTCOMES

As a result of this course, participants will be able to:

- Verbalize anatomic / physiologic components of swallowing, cough, & respiration
- Explain the importance of accurate MIP & MEP in RMT treatment planning
- Identify 3 clinical indications for EMT and/or IMT in individuals with dysphagia
- List 2 contraindications for EMT and/or IMT in individuals with dysphagia
- Demonstrate the ability to set appropriate treatment goals
- Describes steps necessary to develop an RMT program in their setting(s)
- Apply critical thinking skills to case studies in various populations

## COURSE COMPLETION REQUIREMENTS

In order to receive a certificate of completion, and to have their participation reported for ASHA CEUs, learners must do the following.

- Watch assigned on-demand course modules prior to each live call.
- Achieve a passing score ( $\geq 80\%$ ) on brief, multiple choice, open-note assessments after each of the 4 main modules.
- Attend all live sessions, or watch on-demand recordings of live calls.
  - **Attending live is strongly encouraged** in order to maximize the learning experience and for integration of concepts.
- Identify whether they want their participation reported to ASHA for CEUs, due within 14 days of the final live mentoring call..

## AGENDA

<b>SECTION 1</b> 99 minutes <i>on-demand</i>	<ul style="list-style-type: none"> <li>- Introduction; Respiratory System Anatomy &amp; Physiology</li> <li>- Principles of Strength Training</li> <li>- What is RMT?</li> <li>- Cough and Dysphagia</li> <li>- Learning assessment</li> </ul>	13 min. 16 min. 45 min. 15 min. 10 min.
<b>SECTION 2</b> 142 minutes <i>on-demand</i>	<ul style="list-style-type: none"> <li>- Neuromuscular Diseases</li> <li>- Spinal Cord Injury, Ventilator Liberation</li> <li>- Voice, Dysphonia, VCD/PVFM</li> <li>- Cardiac and COPD</li> <li>- Head/Neck Cancer; Stroke; Prehab; and More</li> <li>- Learning assessment</li> </ul>	43 min. 26 min. 12 min. 20 min. 31 min. 10 min.
<b>LIVE CALL</b> 75 minutes	Clinical Applications & Mentoring for prior 2 sections Bring your cases and questions	75 min.
<b>SECTION 3</b> 120 minutes <i>on-demand</i>	<ul style="list-style-type: none"> <li>- Assessment</li> <li>- Treatment</li> <li>- Trach / Vent</li> <li>- Learning assessment</li> </ul>	52 min. 45 min. 13 min. 10 min.
<b>SECTION 4</b> 102 minutes <i>on-demand</i>	<ul style="list-style-type: none"> <li>- Troubleshooting &amp; Documentation</li> <li>- Case Studies, Starting a Program</li> <li>- Learning assessment</li> </ul>	21 min. 71 min. 10 min.
<b>LIVE CALL</b> 75 minutes	Clinical Applications & Mentoring for prior 2 sections Bring your cases and questions	75 min.
<b>FINAL ITEMS</b> 17 minutes <i>on-demand</i>	<ul style="list-style-type: none"> <li>- Course survey</li> <li>- Certificate of Completion &amp; ASHA CEUs reporting</li> </ul>	17 min.

## INSTRUCTOR BIO

Brooke Richardson, MS, CCC-SLP is a Medical Speech-Language Pathologist in the USA. She has been treating adults with complex medical needs in the acute and outpatient settings since 2009. She has been instrumental in establishing Respiratory Muscle Training (RMT) programs in multiple hospitals and other healthcare settings, and has spoken internationally on RMT. Brooke also values providing exceptional-quality continuing education for other MedSLPs, and seeks to improve our patient care by emphasizing the importance of understanding a patient's whole medical picture when evaluating and treating.

## INSTRUCTOR DISCLOSURES

- *Financial:* Owner of The Modern MedSLP, which owns and operates this website and collects tuition.
- *Non-Financial:* None



**ASHA CE**  
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Intermediate Level

1.05 ASHA CEUs

Questions? Email [hello@themodernmedslp.com](mailto:hello@themodernmedslp.com)